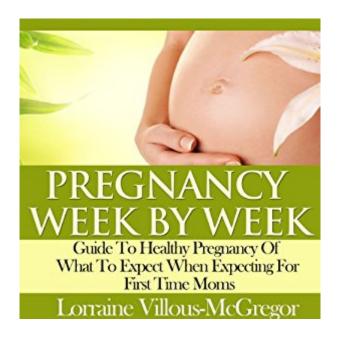
# The book was found

# Pregnancy Week By Week: Guide To Healthy Pregnancy Of What To Expect When Expecting For First Time Moms





# **Synopsis**

An easy-to-listen guide of what to expect week-by-week when one is expecting. Would you like to discover what to expect doing the next forty weeks of your pregnancy as a first mom? 4 proven ways to Getting Pregnant FastThe ten best foods for pregnant mothersGetting your body back after pregnancy3 forgotten tips to Maintaining Intimacy During Pregnancy How to prepare for your Pre-Pregnancy CheckupLamaze Cotton Spandex Sleep Bra For a first time mom, I'm sure that there are an overwhelmingly number of questions flooding through your mind about the state of your pregnancy during your 40 week journey. It is said that one child is born every eight second, or approximately 4 million birth in the U.S each year. If you are about to join this list of 4 million women, but don't know what to expect when you are expecting, then the audiobook Pregnancy Week by Week: Guide to Healthy Pregnancy of What to Expect When Expecting for First Time Moms, is your ultimate audiobook companion for those days when there are more questions than answers.

# **Book Information**

Audible Audio Edition

Listening Length: 59 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Richard McGregor

Audible.com Release Date: September 5, 2013

Whispersync for Voice: Ready

Language: English
ASIN: B00EZEA63I

Best Sellers Rank: #4 in Books > Crafts, Hobbies & Home > Antiques & Collectibles > Magazines & Newspapers #5 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Antiques &

Collectibles #247 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy &

Childbirth

## Customer Reviews

This book is very sad and dissapointing! This book is a non sense. They mostly concentrate on alcohol and drug abuse, genetic disorders, diseases, STDs. Very deppressing book. There is only one chapter dedicated to week by week pregnancy but its so brief. Save money and dont buy. I have just returned this book.

This book literally covers everything related to pregnancy and answered all my questions about, I can definitely say that it's relieved some of my anxiousness towards that big day. I found the information to be really detailed and comprehensive, but the manner that it is written and formatted made it easy for me to understand and learn from. I'm really glad that I can across this book, being a future first time mom can be a scary thing, of course I am very excited - but I want to make sure that everything goes smoothly during and after my pregnancy and thankfully this book provides the right resources to making the entire experience as smooth as possible. I highly recommend this book for any first time moms and I think even women that have already had a pregnancy can learn some useful advice from this material - it really is perfect for any kind of mother.

### Perfect for the new Mom

This book was not a week by week guide to your pregnancy. There was one chapter for what happens week by week and it was summarized in a sentence or two. All the other information was the basic don't drink alcohol, don't smoke, and don't do illegal drugs type of advice. The section on nutrition was clearly written by someone who has no education on the subject. There are way better books out there.

first of all, most of this isn't pregnancy week by week. that's just one section. (actually it's done month by month.) as I looked through that section, I immediately found inaccuracies. 1. "you should be showing by week 11." I don't think that's true for some first time moms especially, and I feel that could cause them to worry unnecessarily. 2. "you can know the sex of the baby in week 9." while the sex has been determined, no ultrasound can pick up the gender that early! I'm not going to read any further because I know that there's false information littered in here.

The information provided was very vague. I knew most of the information as being common knowledge. More detail would have been much more useful.

I expected the book to be a little more in-depth. the book was more of general overview of important info

This book is awful. DO NOT waste you time or money with this book. Not only does it only offer brief summaries of all other pregnancy books out there, but much of the information is not even reliable.

This book has numerous spelling and grammer mistakes and it makes me wonder if this truly is even a legitimate book. I only give it one star because I can't give it zero.

### Download to continue reading...

Pregnancy Week by Week: Guide to Healthy Pregnancy of What to Expect When Expecting for First Time Moms Your Pregnancy Week by Week, 8th Edition (Your Pregnancy Series) The Whole 9 Months: A Week-By-Week Pregnancy Nutrition Guide with Recipes for a Healthy Start When You're Expecting Twins, Triplets, or Quads: Proven Guidelines for a Healthy Multiple Pregnancy, 3rd Edition What to Expect When You're Expecting What to Expect: Eating Well When You're Expecting What to Expect Before You're Expecting What to Expect When You're Expecting: Fourth Edition What to Expect the Second Year: From 12 to 24 Months (What to Expect (Workman Publishing)) What to Expect When Mommy's Having a Baby (What to Expect Kids) Speak in a Week! Italian Week Two [With Paperback Book] (Speak in a Week! Week 2) (Italian Edition) The Pregnancy Journal: A Day-to-Day Guide to a Healthy and Happy Pregnancy The Pregnancy Journal, 4th Edition: A Day-to-Day Guide to a Healthy and Happy Pregnancy Eat This, Not That When You're Expecting: The Doctor-Recommended Plan for Baby and You! Your Complete Guide to the Very Best Foods for Every Stage of Pregnancy Expecting 411: The Insider's Guide to Pregnancy and Childbirth Bro, She is Pregnant: Dad's Week by Week Pregnancy Guide Natural Pregnancy Cookbook: Over 125 Nutritious Recipes for a Healthy Pregnancy Expecting Better: Why the Conventional Pregnancy Wisdom Is Wrong--and What You Really Need to Know How to Exercise When You're Expecting: For the 9 Months of Pregnancy and the 5 Months It Takes to Get Your Best Body Back Understanding Your Moods When You're Expecting: Emotions, Mental Health, and Happiness -- Before, During, and After Pregnancy

**Dmca**